

THE SPARK...

Igniting the Passion, Mystery and
Romance in *Your* Marriage



Intimacy Survey

Name (optional)

Male/Female

Age?

Number of years you and your spouse have been married?

What radio Station do you listen to?

What magazines do you read?

What are your 3 favorite TV shows?

SOCIAL:

1. How would you describe you and your spouse's social life?
2. Are you compatible socially or do you find that you prefer to do your "own thing"?
3. How often do you date each other?
4. What do you do when you date?
5. What are some obstacles that keep you from dating more?
6. Do you have more friends as a couple or individually?
7. Do you spend more time in social settings alone or with your spouse?
8. Do you have moments when you felt socially intimate with your spouse? Please share an example:
9. On a scale of 1 -10 (low -high) rate your social intimacy with your spouse
10. Over the years of your marriage, how have you seen this area change?

MENTAL:

1. How you and your spouse connect on an intellectual level?
2. In what ways do you and your spouse mentally stimulate each other?
3. Do you find that you and your spouse differ intellectually?
4. How do you best learn? (Reading, Doing, Listening, etc)
5. How does your spouse best learn? (Reading, Doing, Listening, etc)
6. Do you have moments when you feel intellectually intimate with your spouse, i.e. it was as if we were thinking the same thoughts? Please share an example:
7. When given a specific subject matter, i.e. sports, politics, parenting, I know what my spouse is thinking _____ percent of the time.
8. On a scale of 1 -10 (low -high) rate your intellectual intimacy with your spouse.
9. Over the years of your marriage, how have you seen this area change?

EMOTIONAL:

1. How do you and your spouse connect on an emotional level?
2. Do you share “feelings” with each other on a regular basis or do you find that you keep feelings inside? Why?
3. Does your spouse empathize with your feelings? (feel what you feel)
4. How do you share feelings with your spouse? Describe the words you use when sharing feelings.
5. On a scale of 1 -10 (low –high) rate your emotional intimacy with your spouse
6. Do you have moments when you felt socially intimate with your spouse i.e. he/she “understands me”? Please share an example:
7. Over the years of your marriage, how have you seen this area change?

PHYSICAL:

1. Would you say you’re fulfilled physically in your marriage? Why or why not?
2. Are you physically affectionate or more hands off?
3. Is your spouse physically affectionate or more hands off?
4. When physically intimate, who generally initiates the encounter?
5. Has health, injury, or age had an impact on your physical intimacy? How long? In what ways?
6. What motivates you to be physically intimate with your spouse?
7. On a scale of 1 -10 (low –high) rate your physical intimacy with your spouse
8. Define physical intimacy.
9. Over the years of your marriage, how have you seen this area change?

SPIRITUAL:

1. How would you describe your spiritual life? That of your spouse?
2. Define spiritual intimacy.
3. How do you stay spiritually intimate with your spouse?
4. Do you: pray together? Worship together? Read scripture? Have same views on tithing? Fast together? Serve together?
5. On a scale of 1 -10 (low –high) rate your spiritual intimacy with your spouse
6. Do you have moments when you felt spiritually intimate with your spouse i.e. one together with the Lord? Please share an example:
7. Over the years of your marriage, how have you seen this area change?